

Celebrate Your Success!



12 WEEK goal setting

Date: _____

Grateful for

PROUD of !

Best **Memory**

Lessons

LEARNED

Goal

Steps to
achieve

Why?
it matters

1.) _____

2.) _____

3.) _____

Goal

Steps to
achieve

Why?
it matters

1.) _____

2.) _____

3.) _____

Goal

Steps to
achieve

Why?
it matters

1.) _____

2.) _____

3.) _____

If the **PLAN** doesn't work change
the **PLAN** not the **GOAL**.